

Letter to Self Activity

To reflect on your time in Career Pathways and your goals for the coming year, we encourage you to write a letter to yourself for you to open 1 year from now.

Step 1

Reflect on the following questions and use the included letterhead to write a letter to yourself inspired by the questions. Make sure to fill in today's date.

- What are the most important lessons you learned in Career Pathways? Who will you keep in touch with?
- What has changed because of Career Pathways? What do you hope to change in the coming year?
- How will you define success in the coming year? What goals do you have for yourself?

Step 2

Fill in the date 1 year from now on the outside of the included envelope. Put the letter in the envelope and give it to a trusted friend for safekeeping. Or, tuck it away in your home.

Step 3

Set an alarm in your calendar for 1 year from now to remind yourself to read the letter.